

In the midst of the pandemic, the health and well-being of people remains our primary concern. There are many activities, tools and resources in this action kit that can easily be adapted as virtual experiences for participation in the National Day of Racial Healing and ongoing racial healing efforts.

WORSHIP

- Consider incorporating messages of respectful truth-telling, repentance, racial healing and reconciliation into your services, prayer gatherings, meditative sessions and study groups the weekend before the National Day of Racial Healing.
- Make announcements of activities your members can join.
- Hold a special service, prayer gathering or meditative session in honor of racial healing on Jan.17, 2023.
- Support a moment of silence and contemplation to be jointly held at a mutually agreeable time.
- Search online for anti-racist and/or racial healing sermons, kutbahs, derashahs or dharma talks to help you write your own. There's a rich history of anti-racist homilies and many available online to help you prepare.
- Prepare a children's activity around themes of racial healing and anti-racism.
- Gather with others virtually or in person to watch some of the [videos](#) from past National Days of Racial Healing.

BREAK BREAD

- Extend the reach of your safe space by inviting your community's faith leaders and laypeople – of all denominations and viewpoints – to break bread and engage in racial healing conversations virtually on Jan. 17, 2023.

DONATE

- Take up a collection to support interfaith groups and organizations working toward racial equity, racial healing and social justice. Learn how you can participate.

REACH ACROSS FAITHS

- Engage your local interfaith coalitions in cooperatively designing a virtual racial healing event for the National Day of Racial Healing.
- Identify faith-based activists, nonprofit organizations and others who are engaged in community racial healing. Invite them to co-create a virtual Day of Racial Healing event with you.
- Help facilitate connections between faith groups in your city by assigning goodwill ambassadors to visit places of worship and learn what each is doing to promote racial healing.
- Join the conversation on social networks using the hashtag **#HowWeHeal** and encourage others to do the same.
- Consider starting an Anti-racist White Learning and Action group in your organization or in collaboration with other faith groups in your community.