

Special note for 2022: In the midst of the pandemic, the health and well-being of people remains our primary concern. There are many activities, tools and resources in this action kit that can easily be adapted as virtual experiences for participation in this year's National Day of Racial Healing.

PRESCHOOL EDUCATORS

- Connect with other teachers and suggest an activity that everyone can do from their classrooms or through virtual instruction. Read books aloud that affirm the identities and backgrounds of all children – check out these lists compiled by the [Anti-Defamation League](#), the [American Library Association](#), [We Need Diverse Books](#), [PBS Kids](#) and the [University of Washington Libraries](#).
- Organize age-appropriate conversations with the children to first find out what they know about race. For example, the question might be as simple as asking what they know about Asian, Latino/Hispanic, African American, American Indian/Alaska Native and White people. Lead them into a conversation about making the world a better place. Emphasize caring about and respecting people of different races.

ELEMENTARY SCHOOL EDUCATORS

- Consider how best to teach about diverse cultures, using significant events or heritage month celebrations for communities of color, like [Juneteenth](#), [Native American Heritage Month](#), [Hispanic Heritage Month](#), [Asian Pacific American Heritage Month](#), etc.

MIDDLE SCHOOL AND HIGH SCHOOL EDUCATORS

- Devote classroom (virtual or in-person) time to teach and/or discuss an issue related to racial equity and racial healing. Consider using teaching materials from the [Zinn Education Project](#); [Teaching for Change](#); [Learning for Justice](#); [ADL](#); [Center for Racial Justice in Education](#); or [Facing History and Ourselves](#).
- For high school educators, fostering a safe space for the development of affinity groups will allow for racial healing. Consider providing space and resources to bring students together within cultures and across cultures to foster healing conversations.
- Organize a time for students to create art – visual or written – that inspires racial healing.
- Facilitate conversations in school cafeterias or in virtual formats using the resources above.
- Connect with the local Parent Teacher Association to organize activities.
- For older students, view the 2022 National Day of Racial Healing virtual event hosted by the W.K. Kellogg Foundation, as a class or assign as homework.
- Share an inclusive and expansive version of US history, including a history of race that represents the truths and facts from all perspectives. The following resources by the [National Equity Project](#) and [Race Forward](#) highlight some current challenges, emphasizing the need to look back at history to understand the past, in order to build a stronger future. Other articles include one by the [Brookings Institute](#), one about the ACLU's work from the [Guardian](#), one from [Harvard](#) and one from [NPR](#). Talk with other educators about what you can do in your school or school system.

COLLEGE EDUCATORS

- Reach out to the [Association of American Colleges and Universities](https://www.aacu.org/) to collaborate on their efforts as an official partner in Truth, Racial Healing & Transformation efforts.
- Connect with other universities already organizing activities for Martin Luther King Jr. Day, for example, and approach them about integrating the National Day of Racial Healing into their existing platform.
- Conduct outreach with the Office of Community Engagement at your local colleges and universities.
- Enlist student organizations (e.g., fraternities, sororities, clubs, etc.) in developing special events.
- If your university is having in-person classes, work with Housing and Residence Life to create programs for dormitories hosted by resident assistants.
- Share online events and podcasts with your students.
- Consider holding a racial healing discussion about the personal and community impacts of COVID-19 and the 2020 protests for racial justice, as well as other experiences related to race and racism over the last couple of years. How have students, their families and communities been directly impacted?
- Have a discussion to generate ideas on how to bring racial healing (trust- and relationship-building) into social spaces on an ongoing basis.
- Create space for Affinity Groups for learning and action by racial identity, including anti-racist White learning and action groups.
- Have a class discussion on how to bring racial healing and systemic change related to their chosen fields of study, how they can work those themes into their studies, research projects, and career plans.
- View the 2022 National Day of Racial Healing virtual event, hosted by the W.K. Kellogg Foundation, as a class or assign as homework.